



## PARENTAL REQUEST FOR WEIGHT SPREAD WAIVER

I \_\_\_\_\_, Parent or

Guardian of \_\_\_\_\_

acknowledge and understand the USFL recommended maximum weight spreads for youth athletes as listed below:

- Under 50lbs: 5lbs max differential
- 50 to 90lbs: 7lbs max differential
- 90 to 140lbs: 10lbs max differential
- 140 to 170lbs: 15lbs max differential
- 170 to 220lbs: 20lbs max differential
- Athletes under 10 yrs may have a maximum of 5lb weight differential.

Having been advised of these maximum parameters, I hereby request a waiver for my athlete to compete in a circumstance that exceeds these recommended guidelines.

I acknowledge that I have the legal consent to make such a request and in doing so I have the best interest of my athlete and in consultation with his/ her coach, have full confidence in my athletes ability to competitively & safely compete at the weight of:

\_\_\_\_\_ against the weight of \_\_\_\_\_.  
(My Athlete) (Opponent)

If approved, I pledge that I will not exploit the parameters of this match as an excuse or complaint regardless of outcome of said contest.

NAME:

DATE:

SIGNATURE: