

## FIGHTER CHECK IN SCRIPT

- (Roll Call) From here on out 2 penalty points will be charged to any fighter who is late or unprepared for any phase of the check in process, so please listen up and accept responsibility for your actions.
- Sportsmanship and respect is required during all USFL events. This is part of the licensing agreement for athletes and coaches. Please remind your parents and friends of our culture. No mad dogging during faceoffs and always shake hands. Make sure your walkout song is without derogatory language or we will change it on our own
- We will run the official weigh in shortly. We will honor the weights shown on the fight agreements. If not signed please get with the promoter after this briefing to review and sign. We encourage coaches and parents to review and sign fight agreements in advance of fight day to ensure there are no surprises. We cannot penalize or take action on fighters who do not show or fail to make agreed weight unless this agreement is signed.
- Youth Fighters cannot cut weight and if they are over the maximum weight listed on the agreement form, they will be penalized 2 points per pound over the agreed upon weight. If the fighters are beyond the legal weight spread limits they cannot fight with strikes. We can accept waivers as long as the weight spread does not exceed the next higher age/ weight group's spread limit.
- "After" or "before" weigh in we need all athletes to make sure they complete initial gear inspection with a USFL inspector. This inspection is to identify missing or improper gear now so you have time to fix it without getting penalized or disqualified.
- We also need all fighters to see the doctor at \_\_\_\_\_ and make sure their pre-fight physical form is signed and all questions answered.
- After check in is completed all fighters need to report back at \_\_\_\_\_ for the mandatory rules briefing.
- Reminder coaches without a coaching band cannot go inside the cage between rounds or secured areas. Opposing coaches can challenge the outcome of the bout if a non-authorized person is allowed inside the cage during or between rounds of a fight. We have minimum requirements required to ensure the safety of youth athletes and no one is above this.
- Fighters must be ready in the staging area 3 bouts before theirs or be penalized 2 points. Do not make inspectors look for you.
- Thank you