



United States Fight League  
P.O. Box 451, Lake Forest, CA 92630

[www.fightleague.org](http://www.fightleague.org)

To: USFL Board of Directors  
Subj: Board of Directors Meeting

Date: Sept 28, 2022

Teleconference 12 noon – 1:07PM PST

Attendees: Jon Frank, Jim Nightingale, Joe Stevenson, Forrest Griffin and Ana Eustace

**I. Presidents Report:**

**A. Youth World Championships**

1. Team USA fielded 39 youth athletes, coming from Arizona, California, Colorado, Hawaii, North Carolina, Oklahoma, Texas and Wisconsin
2. USA finished 2<sup>nd</sup> out of 42 nations and 479 competitors. (3<sup>rd</sup> in 2021 with 331 athletes and 1<sup>st</sup> in 2019 with 253 athletes)
3. USA Medals – 8 Gold; 14 Silver and 10 bronze
4. USFL raised \$16,800 for 2022 youth athletes' entry fees and expenses.

**B. USFL Youth Injury Statistics - 2014 to Present:**

108 events: 1610 Bouts/ 3,220 athletic exposures in California, Florida, Mississippi, Missouri, Tennessee, Maryland, Wisconsin, Texas, North Carolina and South Carolina.

**Total 40 injuries** (Recommended time off from training) **0 hospitalizations**

- SUBMISSIONS: 17 Injuries
- TAKEDOWN: 2 Injuries
- LEGAL STRIKES: 6 Injuries
- ILLEGAL STRIKES TO FACE: 4 Injuries
- FROM STRIKING: 2 injuries

- ENVIRONMENT: 1 injury
- OTHER: 1 Asthma attack
- UNKNOWN CAUSE: 7

#### **C. Status of Texas Board of Combative Sports**

1. The Board has taken issue with Youth Pankration within the state after receiving complaints. Since holding the 1<sup>st</sup> USFL competition in January, similar events have occurred monthly under similar no head strike rules. Texas has previously and allowed unregulated Point Kick Boxing and Sport MMA tournaments on a mats which have included head strikes without issue.
2. Texas law mandates that the combative Sports board does a review of its statutes every 4 years. Public comment is encouraged to identify obsolete or non-relevant statutes. The next one is Oct 18<sup>th</sup>
3. We believe Chapter 61.10 the definition of “Full Contact” gives the board authority over a sport. Since enforcement of this statute is inconsistent we will propose adding the word “Reasonable “ before the existing word of “Potential” to correct the vagueness. The existing definition is as follows- Full Contact--Contact made while intentionally striking a blow with any part of the body to an opponent when the contact has the potential to temporarily disable or to injure an opponent.
4. If they cannot change their interpretation of a “Full Contact” Martial Arts, we will also suggest modification to Chapter 61.23 c which prevents athletes under the age of 17 to participate in “Full Contact” Sports so youth can have access to have regulated and safe competitions. Under existing law only underground competitions will be available.

#### **D. Health and wellness study for USFL Youth Athletes**

1. We have begun a dialog with Cedars-Sinai Kerlan-Jobe Institute in creating a short and long term study of benefit vs risk for USFL Youth Athletes.
2. The study will also include baseline concussion testing, questionnaires as well as tracking injury data.
3. This will complement the Kravis Leadership Institute character development course in development for USFL athletes.

#### **E. In 2022 the USFL received delegation to field Adult teams for international IMMAF competitions.**

Pan American MMA Championships, Monterrey, Mexico

1. Team USA had 9 fighters from California, Florida, Oklahoma and Texas
2. U.S. Medal count 5, Gold, 1 silver, 2 bronze with overall 2<sup>nd</sup> place as a team.

## **II. Items for discussion**

### **A. Adult World Team Selection Camp**

Nov 3-6, UFC Performance Institute, Las Vegas

#### **1. List of Fighters who qualified for world team spot at Pan Am Championships**

##### **Senior Team**

115lbs - Adrian Ledzema

145lbs - Jon Powell

155lbs - Shane Collins

170lbs - Lester Batres

185lbs - Anthony Orozco

205lbs - Gabe Rednose

115lbs (F) - Hope Holmes

**Other senior and junior fighters have been invited by regional coordinators and coaches to secure open spots trying out for a world team spots during the training camp.**

## **III. ADDITIONAL ITEMS DISCUSSED**

### **Training Camp Selection was discussed**

- Forrest will develop and approach, to selection incorporating controlled sparing and position work and selection criteria.

- Joe will work with coaches to develop structure of training and assign content.

- With respect to proposed schedule - move sparing to first thing Sunday

Individuals competing for a position will weigh in each day, but will be required to be within 5% of their competition weigh on Sunday. Other weigh in data will be used by coaches in evaluation

- Coaches are an advisory body on competitor selection Forrest will make the final call.

- With help of coaches, we will track which athletes have committed to attend the camp.

- Jon will explore a potential of creating a fund-raising show for adult team.

- Forrest secured a lodging deal for 15 double occupancy rooms.